My Journey Option Subjects Info Sheet

(Each field should be between 50 – 60 words)

Option Subject: Health and Social Care

Kindly indicate route offered:

Vocational

General introduction to the subject:

Health and Social Care students will learn basic anatomy, physiology, development and needs of all life stages of a human being. Health and Safety including First Aid practice is an important aspect in care. Topics which create social differences and how one should communicate in different situations form an integrated part of this subject so that students will be able to have a holistic view of people whom they may encounter.

This subject can instill a wish in the students to further their studies in Health Care, Child Care or Social and Psychological Courses.

List topics studied:

Unit 1 - Human Development & Healthcare

Unit 2 - Effective Communication & Safe Practices in Health & Social Care

Unit 3 - Equality, Diversity and Rights in Health & Social Care

Class activities involved:

Lessons include research work, discussions, presentations, experiments, role plays, team work and games.

Real life scenarios are constantly presented to students so that all knowledge and comprehension will be applied to Health Care or Social care situations.

Homework assigned:

Homework is aimed at completing assignments. Some tasks might include research, written work, devising a leaflet or a poster or even preparing power point presentations. Other tasks might include interviewing a person, planning a health care plan for an individual, carrying out a risk assessment and even practice some skills which will be assessed in a practical in school.

Assessment given:

Throughout the three years the student is assessed as follows:

60% - continuous assessments - school based

40% - controlled test

Assignments given to students include different skills to assess the student wholly. Controlled test paper set by MATSEC includes real life scenarios to assess students' ability to apply their knowledge of the subject.

List skills acquired studying the subject:

Communication skills
Caring for babies and the elderly
Interviewing skills
Carrying out a risk assessment
First Aid Skills

List skills required to study the subject:

- 1) Caring attitude
- 2) Interest in medical and health care.
- 3) Interest in Social Care
- 4) Good command of the English Language.

Name of Education Officer: Michelle Abela

Email address: michelle.marie.abela@ilearn.edu.mt