

My Journey Option Subjects Info Sheet

(Each field should be between 50 – 60 words)

Option Subject: Health and Social Care

Kindly indicate route offered:

Applied

General introduction to the subject:

Students taking the applied route will learn skills needed to care for babies, children and elderly. These skills will help them understand the development and needs people of different ages may have. They will also learn communication skills which will prepare them to communicate with service users, colleagues and relatives.

List topics studied:

- Unit 1 - Working with babies and children
- Unit 2 - Working with the elderly
- Unit 3 - Working in a Health and Social Care Environment

Class activities involved:

Lessons include practical skills in care, health and safety precautions, preparation for interview, discussions, presentations, role plays and team work.

Real life scenarios are constantly presented to students so that all skills learnt will be practiced while knowledge and comprehension can be achieved through such practices.

Homework assigned:

Homework is aimed at completing assignments. A number of tasks will be aimed at achieving skills. Some tasks might include research, written work, devising a leaflet or a poster or even preparing power point presentations. Other tasks might include interviewing a person, planning and preparing a healthy plate for an individual, carrying out a risk assessment and even practice some skills which will be assessed in a practical in school.

Assessment given:

Throughout the three years the student is assessed as follows:

70% - continuous assessments – school based

30% - controlled test

Knowledge and Understanding is assessed through different skills including practicals. Controlled test paper set by MATSEC includes real life scenarios to assess students' ability to apply their knowledge of the subject.

List skills acquired studying the subject:

- Caring for babies, children and elderly people.
- Carrying out activities for different age groups
- Health and Safety procedures during practical skills
- First Aid Skills
- Communication skills
- Interviewing skills
- Carrying out a risk assessment

List skills required to study the subject:
<ul style="list-style-type: none">1) Caring attitude2) Interest in medical and health care.3) Interest in Social Care
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